Notre Dame Termly Planning 2025/26

Year 7

Class	7 PE1	7 PE2	Dance STB
Autumn Term 1 Sept 08th – Oct 20th (7 weeks)	Baseline Skills with ES & SH	Baseline Skills with ES & SH	Term 1 Introduction to Dance
Autumn Term 2 Nov. 03rd - Dec. 15th (6 weeks)	Invasion ES	Gymnastics SH	
Spring Term 1 Jan. 5th – Feb. 09th (6 weeks)	Gymnastics SH	Invasion ES	Term 2 Narrative Dance
Spring Term 2 Feb 23rd- March 23rd (5 weeks)	Orienteering ES & SH	Orienteering ES & SH	
Summer Term 1 April 13th – May 18th (6 weeks)	Athletics ES & SH	Athletics ES & SH	Term 3 Hannah's Suitcase
Summer Term 2 Jun. 1st – Jul. 13th (5 weeks – EOY exams 1 week)	Striking & Fielding ES & SH	Striking & Fielding ES & SH	

Year 8

Class	8 PE1	8 PE2	DANCE
Autumn Term 1 Sept 08th – Oct 20th (7 weeks)	Invasion ES	Team Building SH	Term 1 Introduction to Dance
Autumn Term 2 Nov. 03rd - Dec. 15th (6 weeks)	Team Building SH	Invasion ES	
Spring Term 1 Jan. 5th – Feb. 09th (6 weeks)	Gymnastics ES	HRF SH	Term 2 Narrative Dance
Spring Term 2 Feb 23rd- March 23rd (5 weeks)	HRF SH	Gymnastics ES	
Summer Term 1 April 13th – May 18th (6 weeks)	Athletics ES & SH	Athletics ES & SH	Term 3 Hannah's Suitcase
Summer Term 2 Jun. 1st – Jul. 13th (5 weeks – EOY exams 1 week)	Striking & Fielding ES & SH	Striking & Fielding ES & SH	

Year 9

Class	9 PE1	9 PE2	9 PE3	DANCE
Autumn Term 1 Sept 08th – Oct 20th (7 weeks)	Invasion 1 ES	Invasion 1 SH & ES	HRF SH	Term 1 Introduction to Dance
Autumn Term 2 Nov. 03rd - Dec. 15th (6 weeks)	HRF SH	HRF SH & ES	Invasion 1 ES	
Spring Term 1 Jan. 5th – Feb. 09th (6 weeks)	Invasion 2 ES	OAA SH	OAA SH	Term 2 Hip Hop
Spring Term 2 Feb 23rd- March 23rd (5 weeks)	OAA SH	Invasion 2 SH	Invasion 2 ES	
Summer Term 1 April 13th – May 18th (6 weeks)	Athletics ES & SH	Athletics SH & ES	Athletics ES & SH	Term 3 The Beauty Project
Summer Term 2 Jun. 1st – Jul. 13th (5 weeks, 1 week EOY exams)	Striking & Fielding ES & SH	Striking & Fielding ES & SH	Striking & Fielding ES & SH	

Year 10

Class	10 PE1	10 PE2	10 PE3	DANCE
Autumn Term 1 Sept 08th – Oct 20th (7 weeks)	Invasion 1 ES	Invasion 1 MSH	Invasion 1 ES	Term 1 Rock & Roll
Autumn Term 2 Nov. 03rd - Dec. 15th (6 weeks)	Invasion 2 ES	Invasion 2 MSH	Invasion 2 ES	
Spring Term 1 Jan. 5th – Feb. 09th (6 weeks)	Badminton ES	Badminton MSH	Badminton ES	Term 2 Developing a Dance – Performance Skills
Spring Term 2 Feb 23rd- March 23rd (5 weeks)	Volleyball ES	Volleyball MSH	Volleyball ES	
Summer Term 1 April 13th – May 18th (6 weeks)	Athletics ES	Athletics MSH	Athletics ES	Term 3 Narrative Dance
Summer Term 2 Jun. 1st – Jul. 13th (4 weeks, EOY exams & careers)	OAA ES	OAA MSH	OAA ES	

Year 11

	11S1 PE1 SH	11S1 PE2 ES	11S1 PE3 MSH	11S2 PE1 ES	11S2 PE2 SH	STB Lessons
Autumn Term 1 Sept. 8th – Oct. 20th (7 weeks)	Roller Blading	Roller Blading	Roller Blading	Roller Blading	Team Building	Health, Fitness and Wellbeing
Autumn Term 2 Nov. 04th - Dec. 15th (4 weeks as 2 weeks PPE1)	Team Building	Team Building	Team Building	Team Building	Roller Blading	Health, Fitness and Wellbeing
Spring Term 1 Jan. 5th – Feb. 09th (6 weeks)	Badminton	Badminton	Badminton	Badminton	Badminton	Developing a Dance – Performance Skills
Spring Term 2 Feb. 20th- March 31st (4 weeks, as 2 weeks PPE2)	Health Fitness & Wellbeing	Health Fitness & Wellbeing	Health Fitness & Wellbeing	Health Fitness & Wellbeing	Health Fitness & Wellbeing	Developing a Dance – Performance Skills
Summer Term 2 April 13th – April 27th (3 weeks)	OAA	OAA	OAA	OAA	OAA	Dance